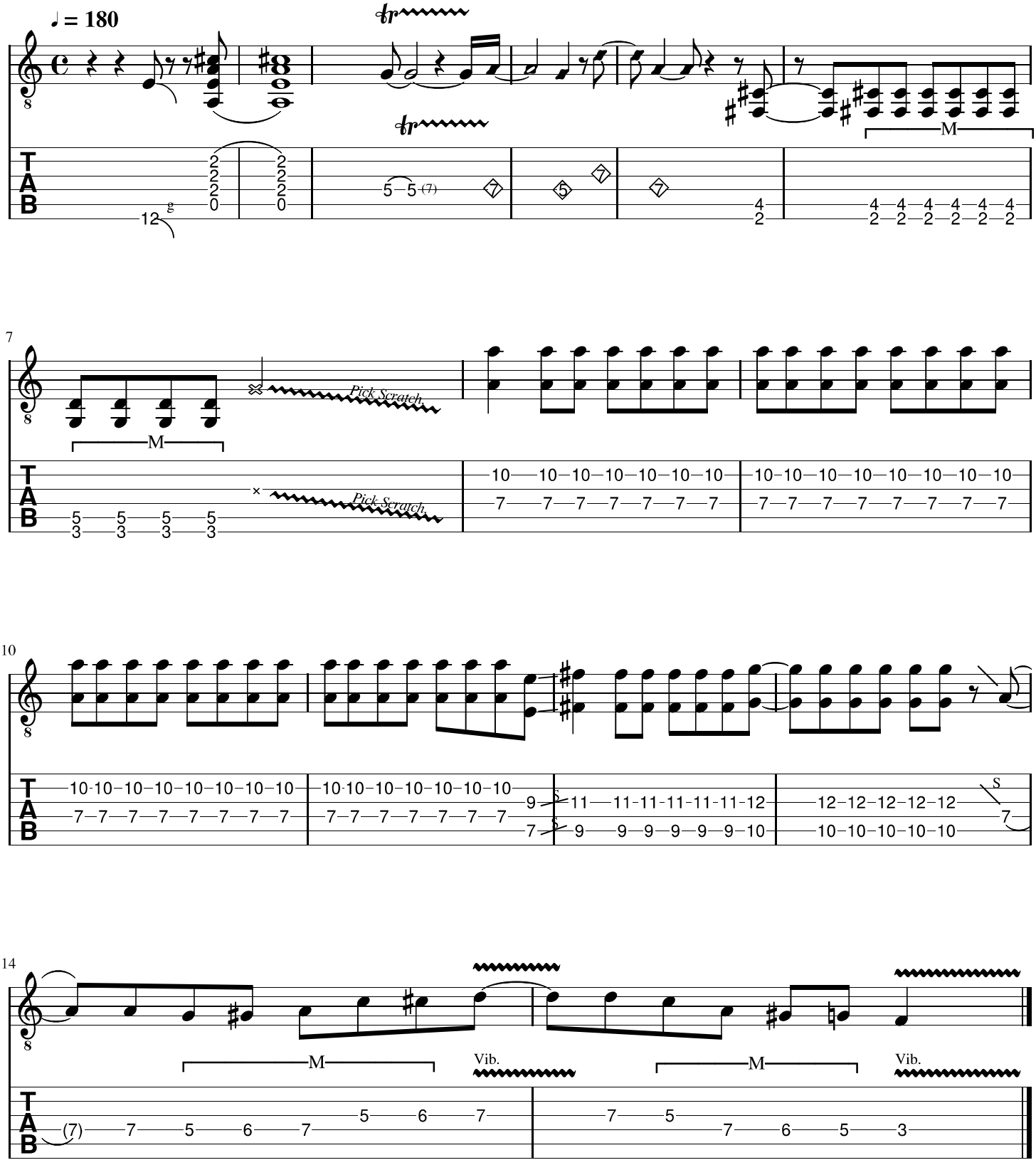簡単なのに超カッコいい5つの弾き方